

Core Values

1. Place a checkmark next to the 20 values that you feel are important to a life well lived. You may add your own core value words, too.
2. From the 20 values that you have checked, select 10 that you feel are critical to a life well lived and circle them.
3. From the 10 values you circled, choose 5 that are the most important to you.

Excitement
Spirituality
Stability
Learning
Adventure
Honesty
Learning
Ethics
Health
Discipline
Safety
Friendship
Recognition
Efficiency
Environment
Security
Engagement
Harmony
Respect
Love

Reputation
Creativity
Integrity
Diversity
Unity
Independence
Competence
Fairness
Growth
Excellence
Influence
Happiness
Relationships
Enjoyment
Order
Philanthropy
Compassion
Accountability
Relevance
Gratitude

Fulfillment
Service
Decisiveness
Loyalty
Challenges
Leadership
Cooperation
Family
Empowerment
Freedom
Community
Change
Tradition
Presence
Responsibility
Work
Justice
Courage
Genuineness
Flexibility
